# World Class Tae Kwon Do Tournament Tae Park Tae Kwon Do Association November 10th, 2018

# **Grand Champion Division Rules**

The Grand Champion Division is for  $1^{st}$  - $3^{rd}$  degree black belts only. The division will consist of three events: Sparring, Forms and Board Breaking. All participants are required to attempt all three events. Participants who register for this event are not allowed to enter the main tournament due to both events taking place at the same time.

#### **Divisions**

Junior Grand Champion	Grand Champion		
15-17yrs – Male	18yrs and older – Male		
15-17yrs – Female	18yrs and older – Female		

#### **FORMS (POOMSAE) RULES:**

Designated Forms: Athletes will be required to perform a WTF recognized Form.

Authorized Forms:	Palgwe Chil, Palgwe Pal, Koryo, Keumgang,
	Taebaek, Pyongwon

Athletes will perform their forms two at a time and will be judged in traditional head to head competition. The competition will be double elimination.

# **Scoring:**

Three or five judges will score the performances based on the execution of proper stances, punches, blocks and kicks. The score will also reflect the presentation of the poomsae based on accuracy and range of motion, balance, speed and power. The winner will be determined by show of hands of the judges in a head to head competition with double elimination. The athlete with majority votes will advance.

Points:

1st - 10

2nd - 8

3rd - 6

Attempt - 4

No Attempt - 0

# **SPARRING (KYOROOGI) RULES:**

Mandatory Equipment:

World Class Tae Kwon Do will be using WTF rules (may be modified if necessary). All competitors are required to wear a clean, white V-neck uniform top and bottom. Black Trim collars are for black belts only. NO COLOR UNIFORMS will be allowed. White headgear or a set of Blue and Red headgear (other colors at the discretion of the tournament director), mouth

piece, chest guard, arm pads, shin and instep pads, groin cup for males (worn inside). NO GLASSES or GOGGLES allowed. WTF Approved gloves and socks are optional (NO FOAM SAFETY CHOPS or BOOTS).

#### **Head Kicks:**

Junior Grand Champion:	No Head Kicks
Grand Champion:	Light Head Kicks

# **Scoring**:

Athletes will be awarded ONE point for a kick or punch to the body; TWO points for spinning kick to the body

Head kicks (see table above) will be awarded TWO points.

**Note** – For <u>light head kicks</u>, the kick must be delivered <u>accurately</u> and <u>controlled</u> to the head. (Grand Champion Only)

In case of a tie score at the end of the third round, an additional round will be added to determine the winner. The athlete to score the FIRST point will be the winner. If no points are scored, the judges and center referee will determine who initiated and was the aggressor in the final round to decide the winner. There will be a "10 POINT GAP". Referees may stop the contest if there is a great disparity in the athletes' skill levels or if there is risk of serious injury.

# Format:

Athletes will be competing in a single elimination format. Once an athlete loses a bout, he/she is eliminated. Athletes who lose in the semi-final round (group of 4) will be awarded a bronze medal. If an athlete makes it into the finals and then loses, a silver medal will be awarded. The winner of the final round will be awarded the gold medal.

### **Duration:**

Three 90 second rounds, 30 second rest.

# **Points:**

1st - 10

2nd - 8

3rd - 6

Attempt - 4

No Attempt -0

# **Board Breaking:**

Breaking	Material	System	Safety Gear	Time Limit	<b>Contest Goals</b>
Division	Type & Size				
Hand	<sup>3</sup> / <sub>4</sub> "x12"x12"	Single	Wrist wrap is	30	Contestant will break
Technique,		Elimination	optional	Seconds	their maximum amount
any point					of boards

below the wrist					
Kicking	<sup>3</sup> / <sub>4</sub> "x12"x12"	Single	None	30	Contestant will break
Technique, any		Elimination		Seconds	their maximum amount
point below the					of boards
ankle					

Contestants will be awarded the following points for each broken board:

Hand Technique: 8 pts Kicking Technique: 5 pts

The contestants with the highest amount of points per board will be awarded the following points:

1st - 10 2nd - 8 3rd - 6 Attempt - 4 No Attempt - 0

Note - See complete power breaking rules and regulations.

Participants with the greatest amount of combined points for all events will be awarded grand champion for each division. In event of a tie, participants will compete in a head to head form competition. The participant will choose a color belt form (poomsae) of their choice.

See form competition for rules and regulations.

The World Class Tae Kwon Do Organizing Committee reserves the right to make modifications to the divisions to provide fair and sufficient competition for all competitors. For further information or clarification, please email Master Randy Wrona at <a href="mailto:rwrona@msn.com">rwrona@msn.com</a> or Master Troy Eckert for breaking at <a href="mailto:troy.eckert.3787@gmail.com">troy.eckert.3787@gmail.com</a>.